



Convert units of weight (ounces and pounds)

Grade 3 Measurement Worksheet

Note: 1 pound (lb) = 16 ounces (oz)

Convert the given measures to new units.

1. 11 lb = _____ oz 2. 256 oz = _____ lb

3. 16 oz = _____ lb 4. 1 lb = _____ oz

5. 7 lb = _____ oz 6. 6 lb = _____ oz

7. 15 lb = _____ oz 8. 4 lb = _____ oz

9. 9 lb = _____ oz 10. 14 lb = _____ oz

11. 18 lb = _____ oz 12. 13 lb = _____ oz

13. 5 lb = _____ oz 14. 20 lb = _____ oz

15. 3 lb = _____ oz 16. 19 lb = _____ oz

17. 10 lb = _____ oz 18. 16 lb = _____ oz

19. 2 lb = _____ oz 20. 17 lb = _____ oz



Convert units of weight (ounces and pounds)

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Note: 1 pound (lb) = 16 ounces (oz)

Convert the given measures to new units.

1. 11 lb = 176 oz oz 2. 256 oz = 16 lb lb

3. 16 oz = 1 lb lb 4. 1 lb = 16 oz oz

5. 7 lb = 112 oz oz 6. 6 lb = 96 oz oz

7. 15 lb = 240 oz oz 8. 4 lb = 64 oz oz

9. 9 lb = 144 oz oz 10. 14 lb = 224 oz oz

11. 18 lb = 288 oz oz 12. 13 lb = 208 oz oz

13. 5 lb = 80 oz oz 14. 20 lb = 320 oz oz

15. 3 lb = 48 oz oz 16. 19 lb = 304 oz oz

17. 10 lb = 160 oz oz 18. 16 lb = 256 oz oz

19. 2 lb = 32 oz oz 20. 17 lb = 272 oz oz